

THE **SLANGMAN** GUIDE TO
STREET SPEAK 1
 POPULAR AMERICAN IDIOMS & SLANG

LESSON 9 TO YOUR HEALTH

1. MATCHING

Match the idiom or slang words with their definition by writing the correct letter in the box. You will only use each letter once. **(14 pts)** Go get 'em!*



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1. **to run a fever**
2. **a mental health day**
3. **to pass out**
4. **to be as sick as a dog**
5. **to be back on my feet**
6. **to be bored out of my mind**
7. **to take it easy**
8. **to go stir crazy**
9. **to hit the gym**
10. **antsy**
11. **to pull through**
12. **to be under the weather**
13. **to run its course**
14. **blah**



- A. to return to good health
- B. to relax
- C. to go to the gym
- D. to be very sick
- E. to be terribly bored
- F. to be feverish
- G. to faint
- H. to be a little sick
- I. to lose strength over time
- J. nervous and agitated
- K. a day off from work in order to relax
- L. to become very restless from confinement
- M. to survive
- N. tired and weak



*Go get 'em! = Do your best! ('em is a popular reduction of "them")

2. FILL IN THE BLANKS

Fill in the conversation with the correct idiom or slang words in the box. You will only use each answer once. **(7 pts)**



<p>running a fever</p> <p>passed out</p> <p>back on my feet</p> <p>take it easy</p>	<p>hit the gym</p> <p>pull through</p> <p>blah</p>
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1. *Person A:* Is your son feeling any better today?
Person B: No! In fact, he's _____.
Person A: Oh no! What's his temperature?
Person B: 102 degrees.

2. *Person A:* I heard you just got out of the hospital. Are you okay?
Person B: Yeah, I'm _____ now, but I was really sick!

3. *Person A:* I feel like I need to lose some weight. I've been feeling very _____ lately.
Person B: Why don't you _____?
Person A: Good idea! I'll go get my sneakers.

4. *Person A:* My grandmother has been in the hospital for weeks now. She had a heart attack.
Person B: Oh, I'm so sorry! I'm hope she'll be okay!
Person A: We're hopeful because the doctor said she would _____.

5. *Person A:* I need to drink more water today.
Person B: Yeah, it's been really hot!
Person A: I know! Yesterday I was so dizzy, I almost _____.

6. *Person A:* Mom, can I go out with my friends?
Person B: Not tonight, honey.
Person A: Why not?!
Person B: Because you've been sick, and you need to _____.

3. TRUE OR FALSE

Decide if the sentence is either true or false by placing a check in the appropriate box. **(6 pts)**



1. **Person A:** Are you coming to the meeting in the morning.

Person B: No, I need to take a **mental health day** tomorrow.

Person B is going to work but he's not going to the meeting.

True False

2. **Person A:** What happened to you last night?

Person B: I don't know! I must have eaten something bad because I was **as sick as a dog**, but now it's **run its course**.

Person B is still not feeling well.

True False

3. **Person A:** How long have you been home sick from school?

Person B: It's been a week now! I'm **bored out of my mind!**

Person B would rather be at school than at home.

4. **Person A:** I'm going to visit my brother in the hospital.

Person B: Oh, no! Is he okay?

Person A: He's just fine, except he's going a little **stir crazy**.

Person A is going to spend time with his/her brother so that he's not so bored.

5. **Person A:** I hate waiting in the waiting room at the doctor's office.

Person B: Why?

Person A: It just makes me **antsy**.

Person A gets sleepy in the waiting room.

True False

6. **Person A:** Hey! It's so great to see you!

Person B: Hi! I don't want to hug you because I've been a little **under the weather**.

Person B doesn't want to make Person A sick.

True False

4. YOU'RE THE AUTHOR!



Finish the conversation using the idioms and slang words in the box. We'll start the dialogue for you based on the situation below.

Note: You may need to change the form of the words to be grammatically correct in your conversation. It should be a complete conversation and it should include *all* of the words in the box. You will be graded on whether or not the idioms and slang words are used correctly. **(15 pts)**



Situation: Melissa has been feeling sick all week and she finally decided to go to the doctor. She has had a stomach ache and a fever. She wants to know what's wrong with her.

<p>to run a fever</p> <p>to take it easy</p> <p>to run its course</p>	<p>to be as sick as a dog</p> <p>to be back on your feet</p>
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Melissa: Thanks for seeing me, Doctor.

Doctor: You're welcome. Now, tell me what's wrong, Melissa.
